



TOURING SCHOOLS **SPRING 2019**

SAY SOMETHING, DO SOMETHING

Youth is a crucial time to develop conflict resolution strategies. Once adopted, these strategies can stay with students through middle and high school as well as in social situations outside of school. *Say Something, Do Something* is an interactive performance designed to build empathy, critical thinking and violence prevention skills.

Students witness a bullying scene based on real-life situations they experience, then have the opportunity to actively help the target.

Students interview characters to develop a deeper understanding of what influences people to make these negative choices. They are invited to replace the actors, re-play the scene and improvise their own strategies for a more positive outcome. After this rehearsal for real life, students will be better equipped to recognize potential conflict in their schools and take action to create a culture of non-violence.

TOURING SCHOOLS: MARCH 2019

RUN TIME:
60 minutes

BEST ENJOYED BY:
Upper Elementary
and Middle School

“Metro Theater Company did a beautiful job establishing a ‘safe place’ for students to share their thoughts and feelings. The students clearly enjoyed the process and learned more about steps they can take leading to a positive resolution if they’re ever confronted with a similar situation.”

– John Simpson, Superintendent for
Webster Groves School District



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